

AVONDALE PARK'S WEEKLY NEWSLETTER



17/11/17

Issue 10

www.apsafederation.com

NEXT SCHOOL HOLIDAY: **THURSDAY 21ST DECEMBER 2017 - WEDNESDAY 3RD JANUARY 2018**

CHILDREN RETURN TO SCHOOL ON THURSDAY 4TH JANUARY 2018

PLEASE REMEMBER THAT HOLIDAYS SHOULD NOT BE BOOKED IN TERM TIME

Events happening in school next week

Mon 20 th Nov	-Y5 classes out to the Imax and Science Museum
Tue 21 st Nov	-ESOL course for Nursery parents -Fire Brigade visiting Year 2 classes -Play Rehearsal for Year 5 children -Governors' Curriculum and Standards Meeting: 5.00pm
Wed 22 nd Nov	-Farm animals visiting Reception and Nursery children in the Nursery Playground -Y6 classes out to the primary Games Festival -Groups of Reception children visiting Forest School -Parent Workshop on Air Quality following the fire in Grenfell Tower: 2.30pm
Thurs 23 rd Nov	-Forest School for Eucalyptus and Elm Nursery Classes and groups of children from Reception -Y2 Classes out to London Transport Museum -Phonics Workshop for parents of children in -Reception Class: 9.00 Community Room -Daisy's Y4 Class Assembly: 2.55pm. All parents/carers of children in her class are warmly invited. -Play rehearsal for Y5 children
Fri 24 th Nov	-Year 3 classes out all day to the Science Museum -Art project led by artist, Jasmin Bhanji in Nursery classes -Winter Fun : 3.15-4.30pm

News and Reminders

CONGRATULATIONS

Year 3 and Year 4 classes were lucky enough to attend Rebecca's Year 3 class assembly this week on the Human Body. Such a lot of information was presented to us and in such a mature way. Well done to you all and thank you very much for your first class assembly in Key Stage 2.

WINTER FUN

Just a reminder that our Parent Reps are organising a fun event next Friday, 24th November 3.15pm-4.30pm. There will be a photo booth, bric-a-brac, second hand uniform, and food to buy as well as the school council arranging games in the Dining Hall. Please see flier attached in order that you can send in donations; and save your pennies to spend! See you there!

AFTER SCHOOL CLUBS

Please note that there will be no clubs on Friday 24th November due to the Winter Fair, but Playcentre will take place in different rooms.

PARENTS MEETING re AIR QUALITY IN THE LOCAL AREA

The local Public Health team together with Public Health England have been monitoring air quality following the fire in Grenfell Tower. They are offering a workshop / time for questions here next Wednesday afternoon at 2.30pm- 3.00pm. Any interested parents are very welcome to attend.

EMOTIONAL SUPPORT AVAILABLE

Please see attached flier from RBKC re emotional support available following the fire in Grenfell Tower.

ATTENDANCE

06/11/2017 - 10/11/2017

The overall figure for the school for last week was **93%** which is **below** our target of **96%**

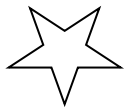
The best two classes last week were:

Best attendance in KS1 for last week was

Katie's Year 2 – 90%

Best attendance in KS2 for last week was:

Rebecca's Year 3 – 99.6%



Stars of the week

A huge well done to you all!



Stephanie's Reception	KAISAR-ROSE – For a fantastic attitude to learning at all times and a very friendly buddy to the new girl in our class.
Kripali's Reception	MIGUEL – For always making good choices and following classroom promises. You have also become very confident with your eating – keep it up!
Tricia's Year 1	ZURIELL – For the growing confidence you have shown in your learning. You have been sharing more of your ideas and displaying such a can do attitude. Keep it up!
Colette's Year 1	AYOUB – For increased participation levels and confidence when using new vocabulary in English lessons. Keep it up
Katie's Year 2	RAQEIA – For your developing interest in reading. You are making a huge effort to read at home, in school and even in the playground. Well done!
Alexa's Year 2	JAMEELAH – For showing a positive attitude to learning and working more independently! It has been so lovely to see you approaching tasks with more enthusiasm and a lovely smile!
Emma's Year 3	YOUSEF – For his persistent hard work in his English group. You have been making lots of progress with Rebecca. Well done
Rebecca's Year 3	LEENA – For being an all-round super star! Your positive attitude and hard work makes our classroom a brighter place!
Julia's Year 4	ALEX – or excellent behavior on our trip – you were a role model for our class and an asset to our school.
Daisy's Year 4	AYAT - For learning her lines for the assembly and delivering them with lots of expression.
Nick's Year 5	ADAM – For producing some spectacularly amazing English that earned him 2 stickers!
Francesca's Year 5	RENIN – For always giving 100% during all learning. You have produced some fantastic and high quality learning this week, especially in English. Well done!
Tim/Mary's Year 6	ABUBAKAR – For the consistently fantastic attitude to learning you display. You are making great progress.
Russell's Year 6	DYLAN – For determination and resilience during English. You kept going with your writing so well and it was a joy to read. Well done!

"IN IT TO WIN IT" ATTENDANCE AND PUNCTUALITY AWARD

THE WINNER FOR LAST WEEK

Vincent: Katie's Year 2

Ashraf: Tim/Mary's Year 6

St Anne's and Avondale Park Nursery

WE STILL HAVE A LIMITED AMOUNT OF FREE FULL TIME SPACES FOR JANUARY 2018.

PLEASE SPEAK TO KATIE IN THE NURSERY OFFICE OR CALL ON 02077277727 OPTION 1

EMOTIONAL SUPPORT FOR CHILDREN



There are a wide range of services available to help children, young people and families who are in need of emotional support following the Grenfell Tower Fire.

The Royal Borough of Kensington and Chelsea is working with local community organisations, schools and youth clubs to increase the support that is available. This leaflet includes information on some of the key activities that are taking place. More information will be made available via our website over the coming weeks via www.rbkc.gov.uk/localoffer.

LATIMER COMMUNITY ART THERAPY

Art Therapy is a psychological therapy that uses art media as its primary form of communication. It is not dependent on spoken language and can therefore help anyone who finds it hard to express their thoughts and feelings verbally to find a way to communicate their difficult emotions. The sessions provide a private, confidential and non-judgmental space in which people can safely explore their experiences. No previous knowledge or expertise in arts is required. The therapy provision can be open ended to meet the needs of those referred. **Latimer Community Art Therapy (LCAT)**: has been set-up across the borough by Susan Rudnik a local resident on Henry Dickens estate and Art Psychotherapist, this support has focused on children, adolescent and families as well as adult services. The service is community led and networked with other services to ensure safe and consistent delivery. The use of art to contain the things so hard to make sense of the fundamental importance to the community throughout.

- Henry Dickens, Centre, 104 St Anns Rd, London W11 4BU - Monday, Tuesday, Friday and Saturday; after school times available for individual and group work.
 - Clement James Centre, 95 Sirdar Rd, London W11 4EQ - Wednesday (Secondary) and Thursday (Primary) after school.
 - Al-Manaar, Muslim Cultural Heritage Centre - 244 Acklam Rd, London W10 5YQ - Saturday 1.30pm-3.30pm
 - Kids on The Green - Crows Nest Gallery, 3-5 Crowthorne Road, W10 - Wednesday and Friday
- Where possible community times and days can be flexible for individual work upon request.

For more information, you can contact Susan Rudnik at s.rudnik@gold.ac.uk or call 07932 054 834.

CHILDCARE AND CHILDREN'S CENTRES

Early years are providing access to counselling therapists to support children and their parents. Counsellors will be present at the following centres each week. During the afternoon they are available at some community based stay and plays.

- Monday: Galborne / Maxilla Children's Centre
- Tuesday: St. Quintin Children's Centre Holmfield House
- Wednesday: Clare Gardens Children's Centre (The Space@ClareGardens)
- Thursday: Holmfield House
- Friday: Ilys Booker drop in

Therapists make regular visits to Meanwhile Gardens, St. Quintin Children with Disabilities, St. Marks Stay and Play and Little Wormwood Scrubs

If you require this information to be translated, please contact Labibun Nessa-O'Sullivan at labibun.nessa-o'sullivan@rbkc.gov.uk

CHILDCARE AND CHILDREN'S CENTRES

1:1 Therapy for parents: Parents can access 1:1 counselling with therapists at Children's centres across the borough and a crèche can be made available if needed.

Support for Childcare workers: Weekly therapeutic group sessions available for childcare workers. The group is facilitated by a therapist who can support childcare workers with ideas and techniques to support children who have suffered trauma as well as provide therapeutic and peer support.

Complimentary Holisite Therapy: Through a dedicated centre (The Space@ClareGardens) adults can access therapies such as reflexology, reiki, massage, yoga which can all help to relax and sleep well. A family support worker and a counselling therapist is also present on site.

Children's Centre activities: All children's centres have a weekly activity plan which includes stay and play, parenting workshops and health activities. In addition there is Mums Club and a Community Quilting Club available for adults.

SUPPORT AVAILABLE IN SCHOOLS

A variety of support services are also available via schools within the borough. For example many schools are offering support from accredited counsellors and Art Therapists. Most schools in the borough have a dedicated Child and Adolescent Mental Health worker linked to the school, this person can provide advice and signposting to support where this is needed.

In addition, most schools in the borough have an Educational Psychologist who is able to support the teachers and school staff.

Please speak to class teachers, SENCOs, School Nurses or Head teachers to find out more details of what is available in your school.

ONLINE SERVICES

Kooth Online Counselling

Kooth is a free online counselling and emotional well-being service for children aged 11-19. The service can provide one-to-one sessions with accredited counsellors, fully moderated peer-support and online articles. The service will be available via: www.kooth.com.

NHS Go

NHS Go provides online physical and mental health information and advice for young people under the age of 25. To access the service please go to www.nhs.go.uk.

TELEPHONE SERVICES

British Red Cross

The British Red Cross helpline is available to anyone who has been affected by the Grenfell Tower fire. For practical or emotional support, please call the Red Cross helpline on **0800 458 9472**.

NSPCC Childline

Childline are available to help children and families with whatever they are worried about following the fire. You can contact Childline and speak in confidence to a supportive, trained counsellor, anytime, day or night on **0800 1111** or for a **one-to-one online chat** at www.childline.org.uk.

IF YOU THINK YOU NEED MORE SUPPORT...

NHS: Single Point of Access (SPA)

If you think you or someone else you know is in need of more support than can be provided by the services listed above, you can call the dedicated NHS response service number where your needs will be assessed and appropriate mental health support services as well as information and advice will be provided. This is available 24 hours a day. Please let the operator know you are calling as a result of the fire at Grenfell Tower. The number to call is **0800 0234 650** or email cnw-tr.spa@nhs.net.

Winter-fun

First parents led big event

FRIDAY 24th November at 3.15pm

PHOTO-BOOTH,
ART AND CRAFTS,
BISCUITS DECORATION,
BOOKS, BRIC-A-BRAC,
TEDDY BEAR TOMBOLA,
INTERNATIONAL FOOD
AND MUCH MUCH MORE!!!



Contributions needed

PLEASE PLEASE PLEASE bring to the office
Please bring your donations by Tuesday 21st November



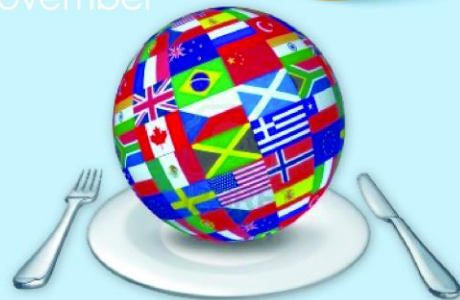
Teddy bears or
any cuddly toy



Second hand uniform
in good condition
(no shoes)



For Bric-
a-Brac
Toys, books



On the DAY (until 2pm)
bring International food