



AVONDALE PARK PRIMARY SCHOOL

Dream, Believe, Achieve

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Friday, 10 May 2019

Dear Parents/ Carers,

RAMADAN AT AVONDALE PARK PRIMARY SCHOOL

We are aware that it is the holy month of Ramadan and that this is an extremely important time for our Muslim families. The holy month began early this week and is due (we understand) to finish on Eid al-Fitr, which we believe will occur around 5th June 2019.

We are aware that when children reach puberty, they are expected to fast. However, we are concerned that at this time of year, daylight hours are very long and it is inevitable that anyone who fasts may feel tired, find it difficult to concentrate and be at risk of dehydration. We therefore suggest that children in primary school do not fast on school days. Rather, we would suggest parents consider supporting their children, to fast at weekends and during the half-term holiday.

However, if you and your child feel it is appropriate for him or her to fast on some school days during Ramadan, it is important that the office have received a letter from you. Not only do we need to have your permission, but we also need to make sure that we have the right numbers for lunch and that we charge you the right money for your child's lunches.

Y6 children have been advised not to fast during SATS week next week and Y5 and Y6 children on school journey have been asked not to fast during that week. Please also consider the benefits of not fasting on a swimming, PE or sports club day. Thank you for your support in this matter. In the meantime, for families observing Ramadan, may we wish you well and Ramadan UI-Mubarak.

Yours sincerely,

Katy Blackler
Heateacher